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Hornsby Advocate, Sydney

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## HORNSBY

# Lace up to support shelter

Call to take part in running challenge to help raise money for vital charity assisting women in need

### Monique Cowper

IF YOU are one of those people who loves a challenge and has always wanted to complete one of Sydney's iconic running events, then the Hornsby Ku-ring-gai Women's Shelter wants you on its team.

This year, the shelter is entering a team in the City2Surf, with an aim of raising \$50,000 to fund its caseworkers and pay its rent.

All you have to do is sign up for the Gold Charity team, raise \$1000 out of sponsors and complete the race.

Hornsby Ku-ring-gai Women's Shelter director Kiki Paul said it was a unique opportunity to help out a vital local charity that did not receive government funding.

"We want to put domestic violence and homelessness on the map, and the City2Surf is a great way to give it a voice," Ms Paul said.

"If we can raise \$50,000, that will help to fund our caseworkers or pay a large chunk of our rent. Ideally, we

would even love to be able to have our own property, so it would be great to raise enough money so we could start building towards that."

Each week, the shelter turns away about five women and it wants to change that.

"It is so painful to turn away women every single day," Ms Paul said.

"We shouldn't have this problem."

The shelter is entering a

team who must raise a minimum of \$1000 each.

The advantage to being part of the team is members get to contribute to the shelter's growth and start the race in their own zone ahead of the other 80,000 runners.

There are only a select number who can take part and participants don't have to be incredible runners.

Hornsby state Liberal MP Matt Kean has signed up and describes himself as the "world's worst runner".

All entrants must have signed up by Monday, July 25, for the event later in the year.

For more details, visit [hornsbykuringgaiwomensshelter.com.au](http://hornsbykuringgaiwomensshelter.com.au).



### Golden chance

- » Join the City2Surf Gold Charity Runners
- » Participants get free entry and a position ahead of the main pack in the race
- » Raise \$1000 for the Hornsby Ku-ring-gai Women's Shelter
- » Entries close on July 25
- » Race is on August 14
- » Full details at [hornsbykuringgaiwomensshelter.com.au](http://hornsbykuringgaiwomensshelter.com.au)



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